

Ergebnisse der 10km Walking Strecke von 2013-2019

Gesamtübersicht

Platzierung						Platzierung	Platzierung	
Bestenliste	Nachname	Vorname	Jahrgang	Laufjahr	Zeit	Gesamt	im Jahr	Verein
1	Hachenberg	Antje	1966	2015	00:52:39	1	1.	W45
2	Schoenmackers	Ludger	1963	2016	01:02:46	1	1.	M50 VT 1859 Kempen
3	Schoenmackers	Ludger	1963	2015	01:03:12	2	1.	M50 VT 1859 Kempen
4	Schoenmackers	Ludger	1963	2014	01:05:38	1	1.	M50 VT 1859 Kempen
5	Menzel	Dirk	1969	2016	01:06:42	2	1.	M45 Marathon Dinslaken
6	Witzer	Fabian	1999	2019	01:07:04	1	1.	M U23 AS Neukirchen-Vluyn
7	Boeing	Ralf	1959	2019	01:07:24	2	1.	M60 TUS Lintorf
8	Hoffmann	Thomas	1973	2018	01:08:27	1	1.	M45 AS Neukirchen-Vluyn
9	Hoffmann	Thomas	1973	2019	01:08:34	3	1.	M45 AS Neukirchen-Vluyn
10	Staschewski	Peter	1955	2016	01:08:56	3	1.	M60 düsselwalker
11	Boeing	Ralf	1959	2018	01:09:04	2	1.	M55 VFR Büttgen
12	Unger	Sabine	1970	2019	01:09:48	1	1.	W45 SV Brambauer 50
13	Unger	Sabine	1970	2018	01:10:24	1	1.	W45 AOK Rheinland/Hamburg – Die Gesu
14	Peter	Ronald	1960	2017	01:11:04	1	1.	M50 HLG 98 Wuppertal
15	Bürgel	Peter	1961	2015	01:11:09	3	2.	M50 AS Neukirchen-Vluyn
16	Schuchmann	Erwin	1960	2013	01:11:54	1	1.	M50 BSG BML Bonn
17	Piprek	Annette	1983	2015	01:11:59	4	1.	W30
18	Schuchmann	Barbara	1951	2013	01:12:01	2	1.	W60 BSG BML Bonn
19	Warnecke	Ulla	1959	2019	01:12:40	2	1.	W60 Marathon Dinslaken
20	Hedram	Dietmar	1969	2015	01:12:54	5	1.	M45
21	Hümpfner	Walter	1959	2017	01:13:28	2	1.	M LC Wuppertal
22	Warnecke	Ulla	1959	2018	01:13:56	2	1.	W55 Marathon Dinslaken
23	Hoffmann	Thomas	1973	2015	01:13:59	6	1.	M40 AS Neukirchen-Vluyn
24	Brüggemann	Jürgen	1964	2019	01:14:23	4	1.	M55 AS Neukirchen-Vluyn
25	Martin	Johannes	1954	2016	01:14:30	5	2.	M60 AS Neukirchen-Vluyn
26	Hoffmann	Thomas	1973	2016	01:14:31	4	1.	M40 AS Neukirchen-Vluyn
27	Lappe	Rolf	1959	2019	01:14:33	5	2.	M60 AS Neukirchen-Vluyn
28	Warnecke	Ulla	1959	2017	01:14:35	3	1.	W55 Marathon Dinslaken
29	Warnecke	Ulla	1959	2016	01:14:40	6	1.	W55 Marathon Dinslaken

30	Hardt	Cornelia	1954	2016	01:14:44	7	1. W60 DJK Preussen 1911 Bochum e.V.
31	Buschmann	Markus	1971	2015	01:14:48	7	2. M40
32	Martin	Johannes	1954	2015	01:15:25	8	1. M60 AS Neukirchen-Vluyn
33	Schönen	Hildegard	1956	2015	01:16:38	9	1. W55 AS Neukirchen-Vluyn
34	Menzel	Dirk	1969	2013	01:16:54	3	1. M40 Marathon Dinslaken
35	Hachenberg	Sandra	1969	2015	01:17:21	10	2. W45
36	Pferdekämper	Carsten	1964	2013	01:17:39	4	1. M45 WNW
37	Hogrebe	Friedhelm	1950	2017	01:17:47	4	3. M
38	Heinen	Martin	1958	2016	01:17:50	8	1. M55 AS Neukirchen-Vluyn
39	Hachenberg	Sandra	1969	2019	01:18:01	3	1. W50
40	Strietzel	Stephan	1973	2018	01:18:24	3	2. M45
41	Dorny	Michael	1963	2016	01:18:39	9	2. M50 Riemke
42	Kaczmarek	Thomas	1961	2018	01:18:41	4	2. M55 Nordic Walking Düsseldorf
43	Deden	Marianne	1958	2018	01:18:57	3	1. W60 me-sport
44	Möbus	Renate	1973	2013	01:19:35	5	1. W40
45	Jansen	Guido	1966	2018	01:20:08	5	1. M50
46	Hachenberg	Sandra	1969	2014	01:20:19	2	1. W45
47	Jansen	Monika	1966	2017	01:21:24	5	1. W50 KreisSportBund Mettmann
48	Villa-Garé	Lidia	1969	2016	01:21:26	10	1. W45
49	Wende	Dieter	1959	2014	01:21:57	3	1. M55 BSG Sparkasse Hilden-Ratingen-Velbert
50	Finke	Andrea	1966	2017	01:22:02	7	2. W50 PV-Triathlon Witten
51	Jansen	Monika	1966	2014	01:22:26	4	2. W45 Katholische Grundschule
52	Mohr	Karin	1966	2018	01:22:32	4	2. W55
53	Jansen	Monika	1966	2018	01:22:33	5	1. W50
54	Miska-Ohlenschläger	Ines	1974	2013	01:22:53	6	1. W35
55	Scherer	Rainer	1962	2014	01:23:11	5	2. M50
56	Pöstges-Bonzelett	Heike	1960	2014	01:24:44	6	1. W50 Turnerschaft Neuwerk
57	Schauer	Sylke	1972	2019	01:24:57	4	2. W45
58	Mohr	Karin	1963	2019	01:25:01	5	1. W55
59	Fasol	Mario	1951	2013	01:25:16	7	1. M60
60	Jansen	Guido	1966	2014	01:25:23	7	1. M45 Katholische Grundschule
61	Dubios	Guillaume	1980	2014	01:25:27	8	1. M30
62	Thesing	Andrea	1966	2014	01:25:30	9	3. W45 GGS am Neanderthal

63	Krüger	Gabriele	1963	2014	01:25:45	10	2. W50 LC Wuppertal
64	Deden	Marianne	1958	2013	01:26:19	8	1. W55 Laufftreff Gruiten-Neanderthal
65	Breuer	Brigitte	1956	2013	01:26:38	9	2. W55 Laufftreff Gruiten-Neanderthal
66	Peter	Ronald	1960	2013	01:28:44	10	2. M50 HLG 98 Wuppertal

Ergebnisse der 10km Walking Strecke von 2013-2019 der Damen

Platzierung						Platzierung	Platzierung	
Bestenliste	Nachname	Vorname	Jahrgang	Laufjahr	Zeit	Gesamt	im Jahr	Verein
1	Hachenberg	Antje	1966	2015	00:52:39	1	1. W45	
2	Unger	Sabine	1970	2019	01:09:48	1	1. W45 SV Brambauer 50	
3	Unger	Sabine	1970	2018	01:10:24	1	1. W45 AOK Rheinland/Hamburg – Die Gesu	
4	Piprek	Annette	1983	2015	01:11:59	2	1. W30	
5	Schuchmann	Barbara	1951	2013	01:12:01	1	1. W60 BSG BML Bonn	
6	Warnecke	Ulla	1959	2019	01:12:40	2	1. W60 Marathon Dinslaken	
7	Warnecke	Ulla	1959	2018	01:13:56	2	1. W55 Marathon Dinslaken	
8	Warnecke	Ulla	1959	2017	01:14:35	3	1. W55 Marathon Dinslaken	
9	Warnecke	Ulla	1959	2016	01:14:40	1	1. W55 Marathon Dinslaken	
10	Hardt	Cornelia	1954	2016	01:14:44	2	1. W60 DJK Preussen 1911 Bochum e.V.	
11	Schönen	Hildegard	1956	2015	01:16:38	3	1. W55 AS Neukirchen-Vluyn	
12	Hachenberg	Sandra	1969	2015	01:17:21	4	2. W45	
13	Schauer	Sylke	1972	2015	01:17:31	5	1. W40	
14	Hachenberg	Sandra	1969	2019	01:18:01	3	1. W50	
15	Deden	Marianne	1958	2018	01:18:57	3	1. W60 me-sport	
16	Möbus	Renate	1973	2013	01:19:35	2	1. W40	
17	Jansen	Monika	1966	2015	01:20:14	6	3. W45	
18	Hachenberg	Sandra	1969	2014	01:20:19	1	1. W45	
19	Jansen	Monika	1966	2017	01:21:24	5	1. W50 KreisSportBund Mettmann	
20	Villa-Garé	Lidia	1969	2016	01:21:26	3	1. W45	
21	Roscher	Anett	1969	2015	01:21:28	7	4. W45 ALF in motion	
22	Thesing	Andrea	1966	2015	01:21:34	8	5. W45	

23	Finke	Andrea	1966	2017	01:22:02	7	2. W50 PV-Triathlon Witten
24	Jansen	Monika	1966	2014	01:22:26	2	2. W45 Katholische Grundschule
25	Mohr	Karin	1966	2018	01:22:32	4	2. W55
26	Jansen	Monika	1966	2018	01:22:33	5	1. W50
27	Miska-Ohlenschläger	Ines	1974	2013	01:22:53	3	1. W35
28	Krause	Martina	1967	2015	01:23:31	9	6. W45 AS Neukirchen-Vluyn
29	Klein	Jolanta	1955	2015	01:23:39	10	1. W60
30	Wernitz	Kristina	1960	2016	01:23:43	4	2. W55 EVK Mettman
31	Pöstges-Bonzelett	Heike	1960	2014	01:24:44	3	1. W50 Turnerschaft Neuwerk
32	Schauer	Sylke	1972	2019	01:24:57	4	2. W45
33	Mohr	Karin	1963	2019	01:25:01	5	1. W55
34	Klein	Jolanta	1955	2016	01:25:14	5	2. W60
35	Menzel	Margitta	1941	2016	01:25:14	6	1. W75
36	Thesing	Andrea	1966	2014	01:25:30	4	3. W45 GGS am Neanderthal
37	Krüger	Gabriele	1963	2014	01:25:45	5	2. W50 LC Wuppertal
38	Zimmermann	Ute	1966	2014	01:25:45	6	4. W45
39	Villa-Garé	Lidia	1969	2014	01:25:50	7	5. W45
40	Raven	Nicole	1971	2014	01:26:13	8	1. W40 me-sport
41	Hertz	Claudia	1968	2014	01:26:14	9	6. W45 Astrid-Lindgren-Schule
42	Deden	Marianne	1958	2013	01:26:19	4	1. W55 Laufftreff Gruiten-Neanderthal
43	Schmidt	Heike	1972	2016	01:26:35	7	1. W40 ALF in motion
44	Breuer	Brigitte	1956	2013	01:26:38	5	2. W55 Laufftreff Gruiten-Neanderthal
45	Lixenfeld	Annette	1967	2016	01:26:38	8	2. W45 ALF in motion
46	Küpper	Monika	1961	2014	01:26:49	10	3. W50 Langenberger NEWS M
47	Wende	Christiane	1960	2016	01:27:10	9	4. W55 BSG Sparkasse HRV
48	Küpper	Monika	1961	2016	01:27:46	10	5. W55
49	Hachenberg	Sandra	1969	2013	01:29:01	6	2. W40
50	Schauer	Sylke	1972	2013	01:29:20	7	3. W40
51	Jansen	Monika	1966	2013	01:29:50	8	1. W45 KGS Mettmann
52	Menzel	Sabine	1965	2013	01:30:04	9	2. W45 Marathon Dienslaken
53	Hertz	Claudia	1968	2013	01:34:55	10	3. W45

Ergebnisse der 10km Walking Strecke von 2013-2019 der Herren

Platzierung						Platzierung	Platzierung	
Bestenliste	Nachname	Vorname	Jahrgang	Laufjahr	Zeit	Gesamt	im Jahr	Verein
1	Schoenmackers	Ludger	1963	2016	01:02:46	1	1.	M50 VT 1859 Kempen
2	Schoenmackers	Ludger	1963	2015	01:03:12	1	1.	M50 VT 1859 Kempen
3	Schoenmackers	Ludger	1963	2014	01:05:38	1	1.	M50 VT 1859 Kempen
4	Menzel	Dirk	1969	2016	01:06:42	2	1.	M45 Marathon Dinslaken
5	Witzer	Fabian	1999	2019	01:07:04	1	1.	M U23 AS Neukirchen-Vluyn
6	Boeing	Ralf	1959	2019	01:07:24	2	1.	M60 TUS Lintorf
7	Hoffmann	Thomas	1973	2018	01:08:27	1	1.	M45 AS Neukirchen-Vluyn
8	Hoffmann	Thomas	1973	2019	01:08:34	3	1.	M45 AS Neukirchen-Vluyn
9	Staschewski	Peter	1955	2016	01:08:56	3	1.	M60 düsselwalker
10	Boeing	Ralf	1959	2018	01:09:04	2	1.	M55 VFR Büttgen
11	Peter	Ronald	1960	2017	01:11:04	1	1.	M50 HLG 98 Wuppertal
12	Bürgel	Peter	1961	2015	01:11:09	2	2.	M50 AS Neukirchen-Vluyn
13	Schuchmann	Erwin	1960	2013	01:11:54	1	1.	M50 BSG BML Bonn
14	Hedram	Dietmar	1969	2015	01:12:54	3	1.	M45
15	Hümpfner	Walter	1959	2017	01:13:28	2	1.	M LC Wuppertal
16	Hoffmann	Thomas	1973	2015	01:13:59	4	1.	M40 AS Neukirchen-Vluyn
17	Brüggemann	Jürgen	1964	2019	01:14:23	4	1.	M55 AS Neukirchen-Vluyn
18	Martin	Johannes	1954	2016	01:14:30	5	2.	M60 AS Neukirchen-Vluyn
19	Hoffmann	Thomas	1973	2016	01:14:31	4	1.	M40 AS Neukirchen-Vluyn
20	Lappe	Rolf	1959	2019	01:14:33	5	2.	M60 AS Neukirchen-Vluyn
21	Buschmann	Markus	1971	2015	01:14:48	5	2.	M40
22	Martin	Johannes	1954	2015	01:15:25	6	1.	M60 AS Neukirchen-Vluyn
23	Menzel	Dirk	1969	2013	01:16:54	2	1.	M40 Marathon Dinslaken
24	Pferdekämper	Carsten	1964	2013	01:17:39	3	1.	M45 WNW
25	Hogrebe	Friedhelm	1950	2017	01:17:47	4	3.	M

26 Heinen	Martin	1958	2016	01:17:50	6	1. M55 AS Neukirchen-Vluyn
27 Hümpfner	Walter	1959	2015	01:18:20	7	1. M55 LC Wuppertal
28 Strietzel	Stephan	1973	2018	01:18:24	3	2. M45
29 Dorny	Michael	1963	2016	01:18:39	7	2. M50 Riemke
30 Kaczmarek	Thomas	1961	2018	01:18:41	4	2. M55 Nordic Walking Düsseldorf
31 Hogrebe	Friedhelm	1950	2015	01:18:53	8	1. M65
32 Wölfl	Harald	1950	2015	01:19:11	9	2. M65 Therapiezentrum Bol&Greuel
33 Jansen	Guido	1966	2018	01:20:08	5	1. M50
34 Wende	Dieter	1959	2015	01:20:14	10	2. M55 BSG Sparkasse HRV
35 Wende	Dieter	1959	2014	01:21:57	2	1. M55 BSG Sparkasse Hilden-Ratingen-Velbert
36 Langner	Gerd	1946	2016	01:23:09	8	1. M70
37 Scherer	Rainer	1962	2014	01:23:11	3	2. M50
38 Scherer	Rainer	1962	2016	01:24:34	9	2. W55 CVJM Mettmann
39 König	Dirk	1960	2016	01:24:40	10	3. W55 PV-Triathlon Witten
40 Fasol	Mario	1951	2013	01:25:16	4	1. M60
41 Jansen	Guido	1966	2014	01:25:23	4	1. M45 Katholische Grundschule
42 Dubios	Guillaume	1980	2014	01:25:27	5	1. M30
43 Schultz-Hock	Reinhad	1955	2014	01:28:01	6	2. M55 Jalimon-Gast
44 Peter	Ronald	1960	2013	01:28:44	5	2. M50 HLG 98 Wuppertal
45 Jansen	Guido	1966	2013	01:33:19	6	2. M45 KGS Mettmann
46 Danscheidt	Thomas	1959	2013	01:37:46	7	3. M50
47 Gudat	Rainer	1961	2014	01:54:09	7	3. M50 RZF
48 Gudat	Rainer	1961	2013	01:59:34	8	4. M50 RZF Sportgemeinschaft