

Ergebnisse der 10km Walking Strecke von 2013-2023

Gesamtübersicht

Platzierung Bestenliste	Nachname	Vorname	Jahrgang	Laufjahr	Zeit	Platzierung Gesamt	Altersklasse	Verein
1	Hachenberg	Antje	1966	2015	00:52:39	1	1. W45	
2	Schoenmackers	Ludger	1963	2016	01:02:46	1	1. M50	VT 1859 Kempen
3	Schoenmackers	Ludger	1963	2015	01:03:12	2	1. M50	VT 1859 Kempen
4	Schoenmackers	Ludger	1963	2014	01:05:38	1	1. M50	VT 1859 Kempen
5	Menzel	Dirk	1969	2016	01:06:42	2	1. M45	Marathon Dinslaken
6	Witzer	Fabian	1999	2019	01:07:04	1	1. M U23	AS Neukirchen-Vluyn
7	Boeing	Ralf	1959	2019	01:07:24	2	1. M60	TUS Lintorf
8	Hoffmann	Thomas	1973	2018	01:08:27	1	1. M45	AS Neukirchen-Vluyn
9	Hoffmann	Thomas	1973	2019	01:08:34	3	1. M45	AS Neukirchen-Vluyn
10	Staschewski	Peter	1955	2016	01:08:56	3	1. M60	düsselwalker
11	Boeing	Ralf	1959	2018	01:09:04	2	1. M55	VFR Büttgen
12	Unger	Sabine	1970	2019	01:09:48	1	1. W45	SV Brambauer 50
13	Boeing	Ralf	1959	2023	1:10:16	1	M60	TUS Lintorf
14	Unger	Sabine	1970	2018	01:10:24	1	1. W45	AOK Rheinland/Hamburg – Die Gesu
15	Peter	Ronald	1960	2017	01:11:04	1	1. M50	HLG 98 Wuppertal
16	Bürgel	Peter	1961	2015	01:11:09	3	2. M50	AS Neukirchen-Vluyn
17	Schuchmann	Erwin	1960	2013	01:11:54	1	1. M50	BSG BML Bonn
18	Piprek	Annette	1983	2015	01:11:59	4	1. W30	
19	Schuchmann	Barbara	1951	2013	01:12:01	2	1. W60	BSG BML Bonn
20	Warnecke	Ulla	1959	2019	01:12:40	2	1. W60	Marathon Dinslaken
21	Hedram	Dietmar	1969	2015	01:12:54	5	1. M45	
22	Hümpfner	Walter	1959	2017	01:13:28	2	1. M	LC Wuppertal
23	Warnecke	Ulla	1959	2018	01:13:56	2	1. W55	Marathon Dinslaken
24	Hoffmann	Thomas	1973	2015	01:13:59	6	1. M40	AS Neukirchen-Vluyn
25	Brüggemann	Jürgen	1964	2019	01:14:23	4	1. M55	AS Neukirchen-Vluyn
26	Martin	Johannes	1954	2016	01:14:30	5	2. M60	AS Neukirchen-Vluyn
27	Hoffmann	Thomas	1973	2016	01:14:31	4	1. M40	AS Neukirchen-Vluyn
28	Lappe	Rolf	1959	2019	01:14:33	5	2. M60	AS Neukirchen-Vluyn
29	Warnecke	Ulla	1959	2017	01:14:35	3	1. W55	Marathon Dinslaken

30	Warnecke	Ulla	1959	2016	01:14:40	6	1. W55	Marathon Dinslaken
31	Hardt	Cornelia	1954	2016	01:14:44	7	1. W60	DJK Preussen 1911 Bochum e.V.
32	Buschmann	Markus	1971	2015	01:14:48	7	2. M40	
33	Martin	Johannes	1954	2015	01:15:25	8	1. M60	AS Neukirchen-Vluyn
34	Schönen	Hildegard	1956	2015	01:16:38	9	1. W55	AS Neukirchen-Vluyn
35	Menzel	Dirk	1969	2013	01:16:54	3	1. M40	Marathon Dinslaken
36	von Roda	Michael	1969	2023	1:17:03	2	W50	5vor8!
37	Hachenberg	Sandra	1969	2015	01:17:21	10	2. W45	
38	Pferdekämper	Carsten	1964	2013	01:17:39	4	1. M45	WNW
39	Hogrebe	Friedhelm	1950	2017	01:17:47	4	3. M	
40	Heinen	Martin	1958	2016	01:17:50	8	1. M55	AS Neukirchen-Vluyn
41	Hachenberg	Sandra	1969	2019	01:18:01	3	1. W50	
42	Strietzel	Stephan	1973	2018	01:18:24	3	2. M45	
43	Dorny	Michael	1963	2016	01:18:39	9	2. M50	Riemke
44	Kaczmarek	Thomas	1961	2018	01:18:41	4	2. M55	Nordic Walking Düsseldorf
45	Deden	Marianne	1958	2018	01:18:57	3	1. W60	me-sport
46	Möbus	Renate	1973	2013	01:19:35	5	1. W40	
47	Jansen	Guido	1966	2018	01:20:08	5	1. M50	
48	Hachenberg	Sandra	1969	2014	01:20:19	2	1. W45	
49	Jansen	Monika	1966	2017	01:21:24	5	1. W50	KreisSportBund Mettmann
50	Villa-Garé	Lidia	1969	2016	01:21:26	10	1. W45	
51	Wende	Dieter	1959	2014	01:21:57	3	1. M55	BSG Sparkasse Hilden-Ratingen-Velbert
52	Finke	Andrea	1966	2017	01:22:02	7	2. W50	PV-Triathlon Witten
53	Jansen	Monika	1966	2014	01:22:26	4	2. W45	Katholische Grundschule
54	Mohr	Karin	1966	2018	01:22:32	4	2. W55	
55	Jansen	Monika	1966	2018	01:22:33	5	1. W50	
56	Miska-Ohlenschläger	Ines	1974	2013	01:22:53	6	1. W35	
57	Scherer	Rainer	1962	2014	01:23:11	5	2. M50	
58	Pöstges-Bonzelett	Heike	1960	2014	01:24:44	6	1. W50	Turnerschaft Neuwerk
59	Schauer	Sylke	1972	2019	01:24:57	4	2. W45	
60	Mohr	Karin	1963	2019	01:25:01	5	1. W55	
61	Fasol	Mario	1951	2013	01:25:16	7	1. M60	
62	Jansen	Guido	1966	2014	01:25:23	7	1. M45	Katholische Grundschule

63	Dubios	Guillaume	1980	2014	01:25:27	8	1. M30	
64	Shelkovenkov	Igor	1967	2023	1:25:29	3	M55	MAE Running Team
65	Thesing	Andrea	1966	2014	01:25:30	9	3. W45	GGs am Neanderthal
66	Krüger	Gabriele	1963	2014	01:25:45	10	2. W50	LC Wuppertal
67	Weßeling	Leona Marie	2001	2023	1:26:17	4	W U23	Heinrich Heine Universität Düsseldorf
68	Deden	Marianne	1958	2013	01:26:19	8	1. W55	Lauftreff Gruitzen-Neanderthal
69	Breuer	Brigitte	1956	2013	01:26:38	9	2. W55	Lauftreff Gruitzen-Neanderthal
70	Peter	Ronald	1960	2013	01:28:44	10	2. M50	HLG 98 Wuppertal